

# Vytautas Magnus University STAFF TRAINING WEEK'25





#### TENTATIVE PROGRAMME

May  $5^{th} - 9^{th} \mid 2025$ 

#### MONDAY 5<sup>th</sup>

TIME	ACTIVITY	LOCATION
10:30 – 10:55	Registration for Staff Training Week participants	
10:55 – 11:30	Welcoming and Presentation of VMU	
11:30 – 12:30	Meet the Participants (1)	TBC
12:30 – 13:00	Coffee Break	
13:00 – 14:00	Meet the Participants (2)	
14:00 – 16:00	Free Time	
16:00 – 16:30	Arrival to the Official Opening of the Week	
16:30	Official Opening of the Week (Welcoming speech by Vice-Rector for Communication assoc. prof. dr. Vilma Bijeikienė, introduction to Lithuanian language, folk music and dances, food fair)	VMU Great Hall (S. Daukanto g. 28)



### TUESDAY 6<sup>th</sup>

TIME	ACTIVITY	LOCATION
09:20	Leaving to VMU Music Academy	VMU Multifunctional Centre (V. Putvinskio g. 23, 1st floor lobby)
10:00 – 12:00	Trainings: "Happiness at Work"	VMU Music Academy (V. Čepinskio g. 5)
12:00 – 13:30	Complimentary Lunch	
13:30 – 15:00	Trainings: "Happiness at Work"	
15:30 – 17:00	A Walk Around Kaunas City with a Guide	

#### WEDNESDAY 7<sup>th</sup>

TIME	ACTIVITY	LOCATION
10:00 – 12:00	*Seminar/Practice: "Psycho-Emotional Health and Best Practices". Trainer doc. Dr. Aušra Lisinskienė	TBC
13:30 – 15:30	International Academic Fair and Networking	

\*Registration required

### **THURSDAY 8<sup>th</sup>**

TIME	ACTIVITY	LOCATION
09:20	Leaving to VMU Botanical Garden	VMU Multifunctional Centre (V. Putvinskio g. 23, 1st floor lobby)
10:00 – 12:00	Trainings: "Happiness at Work"	VMU Botanical Garden (ž. E. žilibero g. 4)
12:00 – 14:00	Excursion in VMU Botanical Garden and Complimentary Lunch	
14:00 – 15:30	Trainings: "Happiness at Work"	
15:30 – 16:00	Closing Discussion	
16:00	Departure to City centre and Free Time	



## FRIDAY 9<sup>th</sup>

TIME	ACTIVITY	LOCATION
09:00 – 13:00	Meetings at the Academic Units / Departments	
09:00 – 15:00	Certificates	VMU Multifunctional Centre (V. Putvinskio g. 23, 2nd floor, next to the International Cooperation Department)



#### **Contacts**

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